## **Terling Primary School - Lunch Menu**

| Week One   | Monday             | Tuesday                    | Wednesday                 | Thursday                | Friday               |
|------------|--------------------|----------------------------|---------------------------|-------------------------|----------------------|
| Main       | Pepperoni Pizza    | Mild Chilli, Rice & Nachos | Shredded Pork Yorkshire   | Fresh Pork Meatballs in | Omega 3 Fish Fingers |
|            |                    |                            | Pudding                   | Rustic Tomato Sauce     |                      |
| Vegetarian | Tomato Pizza       | Quorn Dippers & Rice       | Cheesy Bean Yorkshire     | Quorn Balls in Rustic   | Omelette             |
|            |                    |                            |                           | Tomato Sauce            |                      |
| Vegetables | Salad              | Salad                      | Roast Potatoes, Carrots & | Pasta & Sweetcorn       | Chips, Baked Beans & |
|            |                    |                            | Sweetcorn                 |                         | Peas                 |
| Dessert    | Shortbread Biscuit | Peaches/Fruit & Ice Cream  | Fruit & Yoghurt           | Jelly                   | Apple Cake           |
|            |                    |                            |                           |                         |                      |

| Week Two   | Monday                   | Tuesday                | Wednesday               | Thursday        | Friday               |
|------------|--------------------------|------------------------|-------------------------|-----------------|----------------------|
| Main       | Tri Pasta & Garlic Bread | Homemade Sausage Roll  | Roast Chicken &         | Bolognese       | Omega 3 Fish Fingers |
|            |                          |                        | Yorkshire Pudding       | Quorn Bolognese |                      |
| Vegetarian |                          | Quorn Sausage Roll     | Cheesy Bean Yorkshire   | -               | Omelette             |
| Vegetables | Salad                    | Mash, Peas & Sweetcorn | New Potatoes, Carrots & | Pasta           | Chips, Baked Beans & |
|            |                          |                        | Peas                    |                 | Sweetcorn            |
| Dessert    | Ginger Face Biscuit      | Bananas & Cream        | Fruit & Yoghurt         | Angel Delight   | Pear Cake            |
|            |                          |                        |                         |                 |                      |

| Week Three | Monday               | Tuesday                   | Wednesday                 | Thursday          | Friday               |
|------------|----------------------|---------------------------|---------------------------|-------------------|----------------------|
| Main       | Macaroni Cheese      | Chicken Korma Curry       | Gammon Steak &            | BBQ Minced Beef   | Pork Chipolata       |
|            |                      |                           | Yorkshire Pudding         |                   | Sausages             |
| Vegetarian |                      | Sweet Potato Curry        | Cheesy Bean Yorkshire     | BBQ Quorn Fillet  | Quorn Sausages       |
| Vegetables | Peas                 | Rice & Naan               | Roast Potatoes, Carrots & | Mashed Potatoes & | Chips, Baked Beans & |
|            |                      |                           | Broccoli                  | Peas              | Peas                 |
| Dessert    | Chocolate Shortbread | Peaches/Fruit & Ice Cream | Fruit & Yoghurt           | Jelly             | Cake                 |
|            |                      |                           |                           |                   |                      |

Jacket Potato with either Cheese, Beans or Tuna now available every day as an alternative menu choice Fruit or Yoghurts are available everyday as an alternative dessert choice